

12345 Fit-Tastic! Signs Available for Check Out

Make your next event Fit-Tastic! and share the message by borrowing official Fit-Tastic! signs! Get everyone's attention and promote healthy habits! See options and details below.

Fit-Tastic! Flags- best suited for outdoor events or a room that can accommodate their 10 feet in height. Flags come with assembly instructions (please see instructions on the following pages) and can be staked into the ground with a rubber mallet or weighted down with water-filled water bladders (water bladder included in flag case, you provide water to fill them).



Retractable Banner- best suited for indoor spaces. This easy to assemble sign is available in English and Spanish.



Horizontal Banner-

This 3x8 horizontal Fit-Tastic! banner has grommets along all sides and is great for tying to a table, fence or hanging in a gym! You provide zip ties, string or rope to secure the banner at your event space.



12345 Fit-Tastic! Posters- These poster sets are available for you to use and keep. They are ideal for attaching to the front of an information or demonstration table at a health fair or health promoting event.

To make a sign reservation or to pick up posters, contact Emily DeWit at eldewit@cmh.edu. Signs can be picked up at 610 E. 22nd Street, KCMO at the Center for Children's Healthy Lifestyles & Nutrition (also called Don Chisholm). Please bring a photo ID with you and check in at the desk of the waiting room across from the elevators on the main floor. Please make arrangements to return signage within a few days of your event.